



**2019 EUROPEAN MASTERS
WEIGHTLIFTING CHAMPIONSHIP
Rovaniemi, Finland
12th - 19th June 2019**



Technical Meeting 1800 hrs Tues. 11/06/2019

| | Weigh-in | Start Time | No. of Lifters | Age Group | B/W Cat. | Session |
|---|-------------------------------------|------------|----------------|-----------|-------------|---------|
| Wednesday 12/06/2019 | 0730 | 0930 | 12 | M80 | All | 1 |
| ↓ | 0945 | 1145 | 13 | M75 | 55-81kg | 2 |
| ↓ | Opening Ceremony 1415 - 1515 | | | | | ↓ |
| ↓ | | | | | | ↓ |
| ↓ | 1345 | 1545 | 10 | M75 | 89 - +109kg | 3 |
| ↓ | 1545 | 1745 | 6 | W70 - W65 | All | 4 |
| ↓ | 1700 | 1900 | 13 | M70 | 55 - 81kg | 5 |
| | | | 55 | | | |
| Thursday 13/06/2019 | 0700 | 0900 | 12 | M70 | 89 - +109kg | 6 |
| | 0915 | 1115 | 16 | M65 | 55 - 73kg | 7 |
| ↓ | 1215 | 1415 | 11 | M65 | 81 - 89kg | 8 |
| ↓ | 1430 | 1630 | 11 | M65 | 96 - +109kg | 9 |
| ↓ | 1645 | 1845 | 15 | W60 | All | 10 |
| | | | 65 | | | |
| Friday | 0700 | 0900 | 17 | M60 | 55 - 73kg | 11 |
| | 0915 | 1115 | 21 | M60 | 81 - +109kg | 12 |
| 14/06/2019 | 1300 | 1500 | 11 | W55 | All | 13 |
| ↓ | 1515 | 1715 | 17 | M55 | 55 - 81kg | 14 |
| | | | 66 | | | |
| Saturday | 0600 | 0800 | 20 | M55 | 89 - +109kg | 15 |
| | 0930 | 1130 | 12 | W50 | All | 16 |
| 15/06/2019 | 1145 | 1345 | 11 | M50 | 61 - 73kg | 17 |
| ↓ | 1400 | 1600 | 14 | M50 | 81 - 89kg | 18 |
| | | | 57 | | | |
| Saturday 15th June 2019 Congress of Nations 1900 hours | | | | | | |
| Sunday 16/06/2019 | 0600 | 0800 | 14 | M50 | 96 - +109kg | 19 |
| | 0845 | 1045 | 12 | W45 | 45 - 64kg | 20 |
| ↓ | 1100 | 1300 | 19 | M45 | 55 81kg | 21 |
| ↓ | 1415 | 1615 | 11 | W45 | 71 - +87kg | 22 |
| ↓ | 1630 | 1830 | 16 | M45 | 89 - 96kg | 23 |

| | | | | | | |
|---|------|------|------------|-----|--------------|----|
| | | | 72 | | | |
| <i>Monday</i> | 0630 | 0830 | 16 | M45 | 102 - +109kg | 24 |
| 17/06/2019 | 0930 | 1130 | 18 | W40 | 45 - 64kg | 25 |
| ↓ | 1230 | 1430 | 14 | M40 | 55 - 81kg | 26 |
| ↓ | 1515 | 1715 | 18 | W40 | 71 - +87kg | 27 |
| | | | 66 | | | |
| <i>Tuesday</i> | 0630 | 0830 | 21 | M40 | 89 - +109kg | 28 |
| 18/06/2019 | 1000 | 1200 | 18 | W35 | 45 - 59kg | 29 |
| | 1315 | 1515 | 16 | M35 | 55 - 81kg | 30 |
| | | | 55 | | | |
| <i>Wednesday</i> | 0630 | 0830 | 15 | W35 | 64 - 71kg | 31 |
| 19/06/2019 | 915 | 1115 | 19 | M35 | 89 - 96kg | 32 |
| ↓ | 1230 | 1430 | 9 | W35 | 76 - +87kg | 33 |
| ↓ | 1430 | 1630 | 10 | M35 | 102 - +109kg | 34 |
| | | | 53 | | | |
| Total entries | | | 489 | | | |
| CLOSING BANQUET TIME AND LOCATION TO BE ANOUNCED | | | | | | |

END

1130
1415

1730
1845
2130

1100
1400
1615
1830
2115

1145
1445
1700
2000

1115
1330
1545
1830

1030
1245
1600
1815
2045

1115
1415
1700
2000

1145
1500
1800

1100
1415
1615
1815